



August 2017

ACTIVITIES CALENDAR

The Gables

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><i>"A Gift of Music"</i> in Celebration of Edna Sarno's 98th Birthday Monday, Aug. 7th 1pm in The Commons</p>	<p>1 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>2 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>3 8:00 - 11:30 - Manicures by Darlene (Activities Room)</p>	<p>4 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts with Darlene 12:00 - August Birthday Cake at Lunch 1:30 - Activity with Darlene</p>	<p>5 "Sunday Movie" will be shown on Saturday at 6:30pm (following dinner)</p>
<p>6 No Sunday Movie (The Commons will be used for a Private Rehearsal)</p>	<p>7 9:30 - Bone Builders Class 1:00 - Musical Event "A Gift of Music" From Edna Sarno's Family Featuring Rip Jackson with Singers Taylor Ampatiellos and Natalie Brierre (in The Commons)</p>	<p>8 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 12:00 - BBQ Lunch 1:30 - Residents Committee Meeting 1:30 - Shopping at Tops</p>	<p>9 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 12:00 - Luncheon at the Foundry 6:00 - Monthly Meeting</p>	<p>10 8:00 - 11:30 - Manicures by Darlene (Activities Room)</p>	<p>11 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts with Darlene 1:30 - Activity with Darlene</p>	<p>12 1:00 - Adult Coloring Activities Room</p>
<p>13 6:00 - Movie Night</p>	<p>14 9:30 - Bone Builders Class 2:00 - Mah Jongg</p>	<p>15 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>16 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy 3:00 - Foot Clinic</p>	<p>17 8:00 - 11:30 - Manicures by Darlene (Activities Room) 6:45 - Piano Program by Alan Walker (The Commons)</p>	<p>18 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts with Darlene 1:30 - Activity with Darlene</p>	<p>19 1:00 - Adult Coloring Activities Room</p>
<p>20 6:00 - Movie Night</p>	<p>21 9:30 - Bone Builders Class 10:30 - Activities Committee Meeting 2:00 - Mah Jongg</p>	<p>22 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>23 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>24 8:00 - 11:30 - Manicures by Darlene (Activities Room) 1:45 - BINGO (The Commons)</p>	<p>25 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts with Darlene 1:30 - Activity with Darlene</p>	<p>26 1:00 - Adult Coloring Activities Room</p>
<p>27 6:00 - Movie Night</p>	<p>28 9:30 - Bone Builders Class 1:00 - Discussion w/ Lynn Tucker 2:00 - Mah Jongg</p>	<p>29 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>30 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>31 8:00 - 11:30 - Manicures by Darlene (Activities Room)</p>	<p>Luncheon at the Foundry Wednesday, Aug 9th at 12:00 Noon</p>	

Please note that activities are subject to change