

DECEMBER 2017

ACTIVITIES CALENDAR

THE GABLES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Decorate the Living Room Christmas Tree Friday Dec. 1 st 1:30 PM	Rutland Town Jazz Band Tuesday, December 5 th 12:45PM in The Commons (Early Lunch)	Luncheon at The Dollhouse Wednesday, December 6 th 11:30AM Leave The Gables @ 11:15	Ladies Night Out Singing Christmas Carols Saturday, December 9 th 1PM in The Commons	1 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts with Darlene 12:00 - Dec. Birthday Cake 1:30 - Decorate the Christmas Tree (Living Rm)	2
3 6:00 - Movie Night	4 9:30 - Bone Builders Class 1:00 - Mah Jongg	5 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 12:45 - Rutland Town Jazz Band 2:00 - Shopping at Tops	6 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 11:30 - Luncheon at the Dollhouse (leave at 11:15)	7 Pearl Harbor Day 8:00 - 11:30 - Manicures by Darlene (Activities Rm) 2:00 - Fire Safety Meeting with Frank Cioffi (in The Commons)	8 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts with Darlene 2:00 - Raffle Social (Lounge Area)	9 1:00 - Ladies Night Out Singing Christmas Carols in The Commons
10 6:00 - Movie Night	11 9:30 - Bone Builders Class 1:15 - Monthly Senior Talk with Lynn Tucker 2:00 - Mah Jongg	12 Hannukah Begins 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:15 - Residents Committee Meeting 1:30 - Shopping at Tops	13 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:30 - A Time for Remembrance 6:00 - Monthly Meeting	14 8:00 - 11:30 - Manicures by Darlene (Activities Rm)	15 9:30 - Bone Builders Class 10:00 - Chair Aerobics 1:45 - BINGO with Darlene in The Commons	16
17 6:00 - Movie Night	18 9:30 - Bone Builders Class 10:30 - Activities Committee Meeting 1:00 - Mah Jongg	19 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:15 - Memoirs Group 1:30 - Shopping at Tops	20 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy 3:00 - Foot Clinic	21 8:00 - 11:30 - Manicures by Darlene (Activities Rm) 6:45 - Piano Program by Alan Walker (Commons)	22 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts with Darlene The Gables Christmas Party in The Commons (following dinner)	23
24 Christmas Eve 6:00 - Movie Night To Be Announced <hr/> <hr/> <hr/> <hr/> 31 6:00 - Movie Night New Year's Party in The Commons	25 Christmas Day 	26 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops	27 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy	28 No Manicures Today	29 9:30 - Bone Builders Class 10:00 - Chair Aerobics No Crafts Today	30

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Please note that activities are subject to change