







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>New Year's Eve</p> 	<p>1 New Year's Day</p> 	<p>2</p> <p>10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>3</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>4</p> <p>8:00-11:30 - Manicules by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Food Committee Meeting (Library)</p>	<p>5</p> <p>9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 12:00 - January Birthday Cake (Dining Room) 1:00 - OSHER</p>	<p>6</p> 
<p>7</p> <p>6:00 - Movie Night</p>	<p>8</p> <p>9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>9</p> <p>10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:15 - Residents Committee Meeting (Library) 2:00 - Shopping at Tops</p>	<p>10</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 12:00 - Luncheon at the Ginger China 6:00 - Monthly Meeting</p>	<p>11</p> <p>8:00-11:30 - Manicules by Darlene (Activities Room) 11:00 - Reading Aloud</p>	<p>12</p> <p>9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 1:00 - OSHER 1:30 - Activity w/Darlene</p>	<p>13</p> 
<p>14</p> <p>Onion River Jazz Band in The Commons (following Brunch) 6:00 - Movie Night</p>	<p>15 Martin Luther King Jr. Day</p> <p>9:30 - Bone Builders Class 2:00 - Mah Jongg</p>	<p>16</p> <p>10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Memoirs Group 1:30 - Shopping at Tops</p>	<p>17</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy 3:00 - Foot Clinic</p>	<p>18</p> <p>8:00-11:30 - Manicules by Darlene (Activities Room) 11:00 - Reading Aloud</p>	<p>19</p> <p>9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 1:00 - OSHER 1:30 - Activity w/Darlene</p>	<p>20</p> 
<p>21</p> <p>6:00 - Movie Night</p>	<p>22</p> <p>9:30 - Bone Builders Class 10:30 - Activities Committee Meeting 1:00 - Mah Jongg</p>	<p>23</p> <p>10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:15 - Reading Group (Library) 1:30 - Shopping at Tops</p>	<p>24</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>25</p> <p>8:00-11:30 - Manicules by Darlene (Activities Room) 11:00 - Reading Aloud 6:45 - Piano Program by Alan Walker (Commons)</p>	<p>26</p> <p>9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 1:00 - OSHER 1:45 - BINGO in The Commons</p>	<p>27</p> 
<p>28</p> <p>6:00 - Movie Night</p>	<p>29</p> <p>9:30 - Bone Builders Class 1:15 - Discussion with Lynn Tucker (Living Room) 2:00 - Mah Jongg</p>	<p>30</p> <p>10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>31</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>NEW YEAR'S PARTY STARTING AT 5:00PM IN THE COMMONS Pizza, Beverages, Dessert Movie to Follow!!</p>	<p>Luncheon at Ginger China Wednesday, January 10th at Noon Meet in the Lobby at 11:30 am</p>	<p>OSHER MEMOIRS GROUP & READING GROUP BEGIN AGAIN</p>

Please note that activities are subject to change