

August 2018

ACTIVITIES CALENDAR

The Gables

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>A Midsummer Night's Dream Presented by the Rutland Youth Theatre Wednesday, August 1st at 6:30pm in The Commons</p>	<p>Nordic Harmony Swedish Singing Group Tuesday, August 7th at 6:30pm in The Commons</p>	<p>Rebecca Mae & John Lawless Thursday, August 23rd at 1:00pm in The Commons</p>	<p>1 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>2 8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud</p>	<p>3 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 1:30 - Activity w/Darlene</p>	<p>4 6:00 - August Birthday Cake Served at Dinner</p>
<p>5 6:00 - Sunday Movie</p>	<p>6 9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>7 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops 6:30 - Nordic Harmony in The Commons</p>	<p>8 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Residents Committee Meeting (Library) 2:00 - Contract Rummy 6:00 - Monthly Meeting</p>	<p>9 11:00 - Reading Aloud 1:30 - Demonstration</p>	<p>10 9:30 - Bone Builders Class 10:00 - Chair Aerobics</p>	<p>11</p>
<p>12 2:30 - Dance Recital~ 8 Children to Dance (Residents invited if they wish to attend) 6:15 - Sunday Movie</p>	<p>13 9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>14 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>15 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy 3:00 - Foot Clinic</p>	<p>16 8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 6:30 - Piano Program by Alan Walker (Commons)</p>	<p>17 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 1:30 - Activity w/Darlene</p>	<p>18</p>
<p>19 6:00 - Sunday Movie</p>	<p>20 9:30 - Bone Builders Class 10:45 - Activities Committee Meeting 1:00 - Mah Jongg</p>	<p>21 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>22 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>23 8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:00 - Entertainment~Rebecca Mae & John Lawless in The Commons</p>	<p>24 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 1:30 - Activity w/Darlene</p>	<p>25</p>
<p>26 6:00 - Sunday Movie</p>	<p>27 9:30 - Bone Builders Class 1:15 - Discussion with Lynn Tucker (Living Room) 1:00 - Mah Jongg</p>	<p>28 10:00 - Blood Pressures 10:00 - Chair Exercises 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>29 8:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 11:00 - Leave for Luncheon at Simon Pearce~Quechee, VT</p>	<p>30 8:00 - 11:30 - Manicures by Darlene (Activities Room)</p>	<p>31 9:30 - Bone Builders Class 10:00 - Chair Aerobics 11:00 - Crafts w/Darlene 1:45 - BINGO</p>	

Activities are subject to change