

April 2019

ACTIVITIES CALENDAR

The Gables

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>9:30 - Bone Builders Class 1:00 - Pre-Food Comm. Meeting (Library) 2:00 - Mah Jongg</p>	<p>2</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:00 - Rob Zollman~ Interactive Percussionist (Living Room) 2:00 - Shopping at Tops</p>	<p>3</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>4</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:00 - Food Committee Meeting (Library) 1:30 - Chair Tai Chi</p>	<p>5</p> <p>9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 1:00 - OSHER 1:00 - April Birthday Social (Living Room)</p>	
<p>7</p> <p>6:00 - Sunday Movie</p>	<p>8</p> <p>9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>9</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>10</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Residents' Committee Meeting (Library) 1:00 - Contract Rummy 6:00 - Monthly Meeting</p>	<p>11</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi</p>	<p>12</p> <p>9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 1:00 - OSHER 1:45 - BINGO (The Commons)</p>	
<p>14 Palm Sunday</p> <p>6:00 - Sunday Movie</p>	<p>15</p> <p>9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>16</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:15 - Memoirs Group 1:30 - Shopping at Tops</p>	<p>17</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy 3:00 - Foot Clinic</p>	<p>18</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi 6:30 - Piano Program by Alan Walker (Commons)</p>	<p>19 Good Friday</p> <p>9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 1:00 - OSHER 2:00 - Activity with Darlene</p> <p>Passover Begins at Sunset</p>	
<p>21 Easter</p> <p>6:00 - Sunday Movie</p>	<p>22 Earth Day</p> <p>9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>23</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:00 - Reading Group 1:30 - Shopping at Tops</p>	<p>24</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 10:00 - Shopping & Luncheon Trip to Lebanon N.H. (Plan on lots of walking) 2:00 - Contract Rummy</p>	<p>25</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi</p>	<p>26</p> <p>8:00 - Men's Breakfast Meeting (Private Dining Room) 9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 2:00 - Spring Social (The Commons)</p>	
<p>28</p> <p>6:00 - Sunday Movie</p>	<p>29</p> <p>9:30 - Bone Builders Class 1:15 - Discussion with Lynn Tucker 2:00 - Mah Jongg</p>	<p>30</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>Rob Zollman~ Interactive Percussionist Tuesday, April 2nd at 1:00pm in the Living Room</p>	<p>April Birthday Social Friday, April 5th at 2:00pm in the Living Room</p>	<p>Shopping & Luncheon Trip to Lebanon, N.H. Wednesday, April 24th Leave The Gables at 11:00am Plan on lots of walking!</p>	<p>SPRING SOCIAL Friday, April 26th at 2:00 pm In The Commons</p>

Activities are subject to change