

# The Gables Messenger

A Publication of The Gables at East Mountain

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## Residents Celebrate the Season with Parties and Festive Dinner



Presents for all residents!

As 2017 comes to a close, Gables residents have been busy celebrating the holiday season.

On Friday, December 22<sup>nd</sup>, Gables residents gathered for their annual holiday party which took place in The Commons. David Klock started the singing of carols, while Betty Clark and Susan Lloyd provided the musical accompaniment on piano and violin. Every resident received a gift selected specifically for them by resident elves Carol Freeman and Jane

McKean, and each present was beautifully wrapped by Lorraine Healy.

Then on Christmas Day, residents were treated to a delicious meal planned by our wonderful dining staff under the direction of dining services director, Rick LaPierre. Roast prime rib of beef with a popover on top, roasted-half duck, pesto artichoke and spinach lasagna, crispy vegetable fritters, fingerling potatoes, and a cherry meringue torte were featured among the culinary delights.

On New Year's eve, another party is on tap in The Commons. Organized by resident Arlene Zivitz, it promises to be a wonderful way to welcome in 2018. 🏠



*Wishing you a happy and healthy 2018!*



# New Residents

*In 2017, 13 new residents (which includes three couples) chose to call The Gables their new home. As we close out the year, we have all of our current open apartments reserved. In addition to Ferguson and Jane McKay (who will be profiled at a later date), we welcome the following two new residents:*



## ***Faith Berg***

**Background:** Faith was born in Geneva, NY and moved to Rutland when she was a year old. After graduating from Rutland High School, Faith served with the U.S. Army for two years as a Specialist Fourth Class. After her basic training at Fort McClellan in Alabama, and obtaining top security clearance, she was stationed at the Pentagon in their communications department. There she processed incoming messages from various locations including the White House and Joint Chiefs of Staff. One of Faith's proudest moments was marching in President Kennedy's inaugural parade.

When Faith returned to Rutland, aside from working for her father at the Green Mont Motel while it was in business, she also worked at Howe Richardson Scale for 20 years. Faith was married to her husband Allen for 31 years before his passing.

**Interests:** Faith loved playing sports (bowling, volleyball, softball, field hockey), gardening, going to casinos with her husband, and was very active at the United Methodist Church, serving on many committees. Currently, Faith enjoys puzzles, playing games on her iPad, emailing family, and watching sports and movies.

## ***Helen Haugh***

**Background:** Helen was raised in State College, PA. After graduating from the State College Area High School, she attended Penn State where she received a bachelor's degree in hotel administration. Helen worked for Stouffer's Restaurants where she ran their dining services in cities such as Detroit and New York City. She left her Stouffer's job in 1954 to help a good friend drive to Alaska to begin teaching, and spent a year there doing various jobs and met home-steaders who would become her lifelong friends.

Helen returned to her alma mater, Penn State, and oversaw their dining halls until her retirement. While working at Penn State, Helen's summer time-off allowed her to take an annual trip to Alaska almost every year for the next 60 years. She built a log cabin in Kasilof, AK and over 30 years she provided her five nieces and nine great nieces and nephews all with a summer in AK with their Aunt Helen. Helen moved to The Gables to live closer to her niece Phyllis Tarbell and her family.

**Interests:** Helen was an avid skier, and ran the ski patrol in her area; canoed all of the U.S. and loved the thrill of white-water canoeing; has her pilot's license and was part of the Civil Air Patrol; was a girl scout leader; and sang in her church choir for many years. She has traveled to every continent on earth including Antarctica.



**"For last year's words belong to last year's language  
And next year's words await another voice.  
And to make an end is to make a beginning." ~ T.S. Eliot**