





May 2019

ACTIVITIES CALENDAR

The Gables

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>THE GABLES ANNUAL YARD SALE</p> <p>SATURDAY, MAY 18TH 8:00AM - 2:00PM</p>	<p>Luncheon at Simon Pearce Wednesday, May 29th (Leave The Gables at 11:00am)</p>	<p>1</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy</p>	<p>2</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:00 - Food Committee Meeting (Library) 1:30 - Chair Tai Chi</p>	<p>3</p> <p>8:30 - Men's Breakfast Meeting (Pvt. Dining Room) 9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 2:00 - May Birthday Social</p>	<p>4</p> 
<p>5</p> <p>2:00 - Hymn Sing The Commons 6:00 - Sunday Movie</p>	<p>6</p> <p>9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>7</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>8</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Residents Committee Meeting (Library) 1:00 - Contract Rummy 6:00 - Monthly Meeting</p>	<p>9</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi</p>	<p>10</p> <p>9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 1:00 - The 70's+ Art Exhibit at 77 Gallery</p>	<p>11</p> 
<p>12 Mother's Day</p> <p>Special Holiday Buffet</p> <p>6:00 - Sunday Movie</p>	<p>13</p> <p>9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>14</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>15</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Contract Rummy 3:00 - Foot Clinic</p>	<p>16</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi 6:30 - Piano Program by Alan Walker (Commons)</p>	<p>17</p> <p>9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene</p> <p>Yard Sale Set-Up</p>	<p>18</p> <p>The Gables Annual Yard Sale 8:00am - 2:00pm</p>
<p>19</p> <p>6:00 - Sunday Movie</p>	<p>20</p> <p>9:30 - Bone Builders Class 10:45 - Activities Committee Meeting 1:00 - Mah Jongg</p>	<p>21</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:00 - Memoirs Group 1:30 - Shopping at Tops</p>	<p>22</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 2:00 - Contract Rummy</p>	<p>23</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:00 - Discussion with Lynn Tucker (Living Room) 1:30 - Chair Tai Chi</p>	<p>24</p> <p>9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 1:45 - BINGO (Commons)</p>	<p>25</p> 
<p>26</p> <p>6:00 - Sunday Movie</p>	<p>27 Memorial Day</p> <p>9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>28</p> <p>10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:00 - Reading Group 1:30 - Shopping at Tops</p>	<p>29</p> <p>9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 12:00 - Luncheon at Simon Pearce (Leave Gables at 11am)</p>	<p>30</p> <p>8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi</p>	<p>31</p> <p>9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts with Darlene 4:00 - Welcome New Residents (Lounge Area)</p>	

Activities are subject to change