

August 2019

ACTIVITIES CALENDAR

The Gables

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Rebecca Mae & Jack Lawless Wednesday, August 14th at 1:00pm in The Commons</p>	<p>Who's Afraid of Virginia Woolf Saturday, August 17th at 2:00pm Early lunch, then leave The Gables at 12:30pm</p>	<p>Luncheon at the Ninety-Nine Restaurant Wednesday, August 21st at 12:00 noon Meet in the Lobby At 11:30am</p>	<p>1 11:00 - Reading Aloud 1:30 - Chair Tai Chi</p>	<p>2 9:30 - Bone Builders Class 10:00 - Chair Yoga</p>	<p>3</p>
<p>4 6:00 - Sunday Movie</p>	<p>5 9:30 - Bone Builders Class 1:00 - Pre-Food Meeting 1:00 - Mah Jongg</p>	<p>6 10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>7 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Residents Committee Mtg 1:00 - Contract Rummy</p>	<p>8 8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:00 - Food Committee Mtg 1:30 - Chair Tai Chi</p>	<p>9 8:00 - Men's Breakfast Mtg 9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts w/Darlene 2:00 - August Birthday Social (Living Room)</p>	<p>10 The Commons Reserved 1:00 - 4:00PM</p>
<p>11 6:00 - Sunday Movie</p>	<p>12 9:30 - Bone Builders Class 1:00 - Mah Jongg</p>	<p>13 10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>14 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 1:00 - Entertainment Rebecca & Jack Lawless (The Commons)</p>	<p>15 8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi 6:45 - Piano Program by Alan Walker (Commons)</p>	<p>16 9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts w/Darlene 1:45 - Activity w/Darlene</p>	<p>17 2:00 - Weston Playhouse Who's Afraid of Virginia Woolf Early Lunch! (Leave The Gables @ 12:30pm)</p>
<p>18 6:00 - Sunday Movie</p>	<p>19 9:30 - Bone Builders Class 10:45 - Activities Committee Meeting 1:00 - Mah Jongg</p>	<p>20 10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:00 - Memoirs Group 1:30 - Shopping at Tops</p>	<p>21 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 12:00 - Luncheon @ Ninety-Nine Meet in Lobby @ 11:30 3:00 - Foot Clinic</p>	<p>22 8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi</p>	<p>23 9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts w/Darlene 1:45 - BINGO (Commons)</p>	<p>24</p>
<p>25 6:00 - Sunday Movie</p>	<p>26 9:30 - Bone Builders Class 1:00 - Discussion with Lynn Tucker (Living Room) 2:00 - Mah Jongg</p>	<p>27 10:00 - Blood Pressures 10:00 - Chair Aerobics 11:00 - Reading Aloud 1:30 - Shopping at Tops</p>	<p>28 9:00 - Price Chopper 9:30 - Hannaford 9:30 - Bone Builders Class 4:00 - A Goodbye to Jay (in the Lounge Area)</p>	<p>29 8:00 - 11:30 - Manicures by Darlene (Activities Room) 11:00 - Reading Aloud 1:30 - Chair Tai Chi</p>	<p>30 9:30 - Bone Builders Class 10:00 - Chair Yoga 11:00 - Crafts w/Darlene 1:45 - Activity w/Darlene</p>	

Activities are subject to change