

# The Gables Messenger

A Publication of The Gables at East Mountain

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## The Gables welcomes a new executive director

**M**elissa Greenfield, The Gables and The Meadows new executive director, has three life passions: family, food and health care.

Born and raised in Rhode Island, Melissa grew up in an Italian family where deep connections and food went hand in hand. After graduating from high school and undertaking some post-secondary education, Melissa came to Vermont to work as the conference/catering manager at Killington. She then went on to run her own restaurant, Old World Pizza and Italian Delicatessen in Rutland. It was at this time that Melissa decided to go back to school and earned a degree in psychology from Johnson State College.



In 2009, a job opportunity as a social worker at Genesis HealthCare was the start of Melissa's career in skilled nursing facilities. Since that time, Melissa has transitioned to other roles within Genesis, including senior admissions director, assistant administrator, and for the past four years, executive director. Says Melissa, "My two top focuses have always been customer experience and staff excellence. Success has been found in both areas through listening, responding, and most importantly, showing the staff the praise and appreciation they deserve."

Through it all, Melissa has not abandoned her love of cooking. "I have an apron with me at all times, and love helping create delicious Italian food in the communities where I work," states Melissa. Her family is also the beneficiary of her culinary background. Melissa and her husband, a history teacher at Mill River High School, will be celebrating their 20th anniversary together. Their daughter just started her senior year in high school, and they also have three cats—though a dog may soon join their family. 🐾



Helen and her silk screen print of East Calais

## Meet New Resident Helen Dillon

**Background:** Helen was born and raised in Chatham, NJ. After graduating from high school, she received a Bachelor of Arts in art history from Wellesley College, a Master of Education degree from Boston State College, and a Certificate of Advanced Graduate Study from Boston University. Helen was an elementary school teacher in Brockton, MA, and after moving to Vermont, worked in the composition department of the Herald of Randolph for 18 years. Helen was also a self-employed printmaker, with artwork accepted by the Pushkin Museum in Moscow. She received multiple requests by Senator Leahy to have her artwork in his offices. Helen has a daughter, Nancy, and hopes to acquire a rescue feline soon.

**Interests:** Painting, reading, word puzzles, and bridge. Past interests include hiking, skiing, riding, and biking. Helen was involved with the Green Mountain Club and the Vermont Morgan Horse Association (she owned and showed a Morgan horse for 27 years).

## Summer Season at The Gables

From a competitive game of cornhole on the grounds to shucking corn for dinner on the front patio, residents of The Gables had plenty of fun opportunities to enjoy the summer season. Entertainment offerings included theater trips to Weston Playhouse to see *Oklahoma* and *Who's Afraid of Virginia Woolf*, and musical guests at The Gables spanned big band, folk/pop, and country genres. The Gables men's group took an interesting trip to Omya.

Luncheon outings took place at Café Provence in Brandon, Tozier's Restaurant in Bethel, and Mountain Top Inn in Chittenden. And The Gables hosted a large group of seniors from Killington for a lunch and learn.

Beautiful foliage is already appearing in the mountains behind The Gables as the transition to autumn begins. 🍁

