




The Gables Activities Calendar

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Music by Emily Thursday, November 14 th at 1:30 p.m. in The Commons	Onion River Jazz Band Sunday, November 17 th at 1:00 p.m. in The Commons	Luncheon at Ginger China Wednesday, November 20 th at 12:00 p.m.	The Gables Craft Fair Saturday, November 23 rd 10:00 a.m. to 3:00 p.m.	8:00 Men's Breakfast Meeting 9:30 Bone Builders Class 10:00 Chair Yoga 11:00 Crafts with Darlene 1:00 OSHER	
6:00 p.m. Sunday Night Movie Daylight Savings Time Ends Turn Your Clocks Back	9:30 Bone Builders Class 1:00 Mah Jongg 1:00 Pre-Food Committee Meeting	<small>Election Day</small> 10:00 Blood Pressures 10:00 Chair Aerobics 11:00 Reading Aloud 1:00 Sharing Memories 1:00 Contract Rummy 1:30 Shopping at Tops	9:00 Price Chopper 9:30 Hannaford's 9:30 Bone Builders Class 1:00 Contract Rummy 2:00 November Birthday Social	8:00-11:30 Manicures by Darlene 11:00 Reading Aloud 1:00 Food Committee 1:45 Chair Tai Chi	9:30 Bone Builders Class 10:00 Chair Yoga 1:00 OSHER	Residents going to the Harvest Dinner at Grace Church (will be leaving The Gables at 4:30 p.m.)
6:00 p.m. Sunday Night Movie	Veteran's Day 9:30 Bone Builders Class 1:00 Mah Jongg	10:00 Blood Pressures 10:00 Chair Aerobics 11:00 Reading Aloud 1:00 Contract Rummy 1:30 Shopping at Tops 2:00 Veteran's Day Social	9:00 Price Chopper 9:30 Hannaford's 9:30 Bone Builders Class 1:00 Contract Rummy 1:00 Resident's Committee 5:00 Monthly Meeting	8:00-11:30 Manicures by Darlene 11:00 Reading Aloud 1:00 Food Committee 1:45 Chair Tai Chi 1:30 Music by Emily	9:30 Bone Builders Class 10:00 Chair Yoga 11:00 Crafts with Darlene 1:00 OSHER 1:45 BING in The Commons	
Onion River Jazz Band 1:00 p.m. in The Commons 6:00 p.m. Sunday Night Movie	9:30 Bone Builders Class 10:45 Activities Committee 1:00 Mah Jongg	10:00 Blood Pressures 10:00 Chair Aerobics 11:00 Reading Aloud 1:00 Memoirs Writing 1:30 Shopping at Tops	9:00 Price Chopper 9:30 Hannaford's 9:30 Bone Builders Class 12:00 Luncheon at Ginger China 3:00 Foot Clinic	8:00-11:30 Manicures by Darlene 11:00 Reading Aloud 1:00 Food Committee 1:45 Chair Tai Chi 6:30 Footnotes with Alan Walker	9:30 Bone Builders Class 10:00 Chair Yoga 11:00 Set Up Craft Fair 1:00 OSHER	The Gables Craft Fair 10:00 to 3:00
6:00 p.m. Sunday Night Movie	9:30 Bone Builders Class 12:00 Mah Jongg 1:00 Discussion with Lynn Tucker	10:00 Blood Pressures 10:00 Chair Aerobics 11:00 Reading Aloud 1:00 Reading Group 1:30 Shopping at Tops	8:00-11:30 Manicures by Darlene 9:00 Price Chopper 9:30 Hannaford's 9:30 Bone Builders Class		9:30 Bone Builders Class 10:00 Chair Yoga 11:00 Christmas Decorating 1:00 OSHER	

All activities are subject to change