





The Gables
Activity Calendar



February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Men's Breakfast Meeting Followed by Art Exhibit February 7 th 8:00 a.m.	Valentine's Day And February Birthday Social February 14 th at 2:00 In The Commons	Decorate Your Door For Valentine's Day! Contest with 1 st , 2 nd and 3 rd Place Prizes Awarded	Piano Program By Alan Walker February 12 th In The Commons At 6:30 p.m.	Luncheon at The Dollhouse February 28 th At 12:00 p.m.	Monthly Meeting February 12 th 5:30 p.m.	 1
6:00 p.m. – Sunday Movie ² To be Announced	9:30 Bone Builders ³ 1:00 Mah Jongg 1:00 Pre-Food Committee Meeting	10:00 Blood Pressures ⁴ 10:00 Chair Aerobics 11:00 Reading Aloud 1:00 Sharing Memories 1:30 Shopping at Tops	9:00 Price Chopper ⁵ 9:30 Hannaford's 9:30 Bone Builders 1:00 Contract Rummy	8:00 to 11:30 ⁶ Manicures by Darlene 11:00 Reading Aloud 1:00 Food Committee 1:30 Chair Tai Chi	8:00 Men's Breakfast ⁷ 9:30 Bone Builders 10:00 Chair Yoga 11:00 Crafts with Darlene 1:30 Mystery Movie	 8 Groundhog Day Sunday February 2 nd
6:00 p.m. – Sunday Movie ⁹ To be Announced	9:30 Bone Builders ¹⁰ 1:00 Mah Jongg	10:00 Blood Pressures ¹¹ 10:00 Chair Aerobics 11:00 Reading Aloud 1:30 Shopping at Tops	9:00 Price Chopper ¹² 9:30 Hannaford's 9:30 Bone Builders 1:00 Contract Rummy 1:00 Resident's Committee	8:00 to 11:30 ¹³ Manicures by Darlene 11:00 Reading Aloud 1:30 Chair Tai Chi	9:30 Bone Builders ¹⁴ 10:00 Chair Yoga 11:00 Crafts with Darlene 12:00 Door Contest 2:00 February Social	 15
6:00 p.m. – Sunday Movie ¹⁶ To be Announced	9:30 Bone Builders ¹⁷ 10:30 Activities Committee 1:00 Mah Jongg	10:00 Blood Pressures ¹⁸ 10:00 Chair Aerobics 11:00 Reading Aloud 1:15 Memoirs Writing 1:30 Shopping at Tops	9:00 Price Chopper ¹⁹ 9:30 Hannaford's 9:30 Bone Builders 1:00 Contract Rummy 3:00 Foot Clinic	8:00 to 11:30 ²⁰ Manicures by Darlene 11:00 Reading Aloud 1:30 Chair Tai Chi	9:30 Bone Builders ²¹ 10:00 Chair Yoga 11:00 Crafts with Darlene 1:45 BINGO	 22 February is National Heart Month
6:00 p.m. – Sunday Movie ²³ To be Announced	9:30 Bone Builders ²⁴ 1:00 Mah Jongg 1:00 Discussion with Lynn Tucker	10:00 Blood Pressures ²⁵ 10:00 Chair Aerobics 11:00 Reading Aloud 1:00 Reading Group 1:30 Shopping at Tops	9:00 Price Chopper ²⁶ 9:30 Hannaford's 9:30 Bone Builders 1:00 Contract Rummy	8:00 to 11:30 ²⁷ Manicures by Darlene 11:00 Reading Aloud 1:30 Chair Tai Chi	9:30 Bone Builders ²⁸ 10:00 Chair Yoga 11:00 Crafts with Darlene 1:45 TRIVIA	 29 LEAP YEAR!