

The Gables Messenger

A Publication of The Gables at East Mountain

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Residents Persevere During Historic Times

It is hard to believe how much life has changed for the entire world since we all first heard the term “COVID-19” more than three months ago. It is beyond words what a challenging time this has been for everyone—and seniors in particular.

Gables residents have done their part to stay safe and keep COVID-19 cases down in our region of Vermont and out of our senior community. From staying home as much as possible, wearing face masks, and maintaining physical distancing—to checking on neighbors through phone calls and learning the ropes of video calls—the collective effort of everyone has been essential and appreciated.

We are also learning that *physical distancing* is much different than *social distancing*, and we can do one without forfeiting the other. It will just take a new way of looking at things in the days ahead. We will get through this together. 🏠



The Gables Has New Wheels!

Transportation driver, Don Moore, picked up The Gables 2020 Honda Odyssey van from Key Honda on June 29th.

New Residents

Audrey Kerns

Background: Audrey was born in Tenaflly, New Jersey. After graduating high school, Audrey attended Bowling Green University to become a teacher, and graduated with a Bachelors of Science. Audrey returned to New Jersey and took a teaching position at Maugham Elementary School. She married her husband, Paul (who also attended Bowling Green), and together they raised three children together — two boys and a girl. They moved to Vermont, where Audrey taught pre-school at Grace Church's Little People School for 21 years.

Interests: Audrey volunteered at the Dismas House for 25 years, at Rutland Regional Medical Center for six years, and read in the public schools for 25 years with the program "America Reads."



Catherine "Angie" Kimball

Background: Angie was born in Ithaca, New York and raised in Buffalo. She attended Buffalo Seminary and then went on to American University, where she graduated with a Bachelor of Arts degree in graphic design. Angie's art direction career began in New York City working for McGraw Hill and MacMillan Publishers, before starting her own company, BB&K Design. Angie moved to West Haven, Vermont following an illness, and has been spending her time between Vermont and Florida.

Interests: Reading/Audibles, photography, travel, decorating.

Hope is the thing with feathers

Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all,
And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.
I've heard it in the chillest land,
And on the strangest sea;
Yet, never, in extremity,
It asked a crumb of me.

Emily Dickinson
1830-1886