

The Gables Messenger

A Publication of The Gables at East Mountain

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As 2020 Draws to a Close COVID Relief is in Sight

To say that it has been a long, trying year would be an understatement. Despite the challenges and heartache that a global pandemic brought to countries around the world, we still have much to celebrate in our small Vermont community. For more than 300 days, staff, residents and families looked out for one another and kept COVID-19 from entering The Gables. It didn't happen without a lot of hard work and sacrifice on the part of many.

With a COVID-19 vaccine now approved and Vermont tiering its distribution, it is only a

matter of time until residents of The Gables will be offered the vaccine. Whether residents are going to be able to get their shots through a Gables clinic or they will need to go through their primary care physician still has not been specified by the Vermont Department of Health. We are hoping to learn more in the days and weeks ahead.

We will soon see if Vermont has avoided a post-holiday surge in COVID cases. In the meantime, hang in there. It feels good to finally have some hope that real change may happen.



Left: Sheila Gedney and Darlene Chapin
Above: Executive Chef Keith Paquin and
Executive Director Melissa Greenfield
Right: Randi Majorell



Meet Our Newest Residents



Carol "Lorraine" Lewis

Background: Lorraine was born and raised in Rochester, Vermont. After graduating from high school, she married, had two children and went to work at Weyerhaeuser—a timber, land and forest products company and a major employer in the Hancock area. Carol and her family moved to Michigan in the 1970s, where she worked for a trucking company for 13 years and also ran a small hotel. Upon retiring, Carol and her second husband sold the hotel with the goal of buying an RV (recreational vehicle) and traveling the United States. They did that for four years before settling in Texas. Lorraine moved back to Vermont to be closer to her family, including her son Jay, three grandchildren and siblings.

Interests: Movies, reading, and traveling. Lorraine was a former golfer and amassed 11 hole-in-ones!

Bill and Zoe Kirby

Background: Bill was born in Rutland, Vermont. He attended Middlebury College before moving to New York City. Bill worked as a financial planner advising clients on investments for several Wall Street firms. Zoe grew up in New York City and Stamford, CT. She attended Tufts University and worked as a Physical Therapist. They have three children and four grandchildren. They moved to The Gables from New Canaan, CT where they lived for 54 years. They also own a place in Killington, VT. In June, Bill and Zoe celebrated their 60th wedding anniversary.

Interests: Bill was an avid skier, enjoys American History and following the stock market. Zoe enjoys bridge, knitting, The NY Times crossword puzzle and reading. Together they are major tennis fans and enjoy genealogy.



Dear 2021: Glad you are here.

**We don't want any trouble from you. Just come in, don't touch anything,
take a seat and keep quiet. Let's try this again, shall we?**

We've got high hopes for you.

Unknown