




August

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 4:00 - Afternoon Movie Dreamgirls	2 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg	3 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	4 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge 1:00 Documentary The Silk Road	5 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 1:00 BINGO	6 10:00 Bone Builders 10:00 Chair Yoga 1:00 Activities Committee Meeting	7 
8 4:00 - Afternoon Movie Mr. Popper's Penguins	9 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg	10 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	11 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge 1:00 Residents' Committee Meeting	12 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 11:00 Luncheon at Tozier's	13 10:00 Bone Builders 10:00 Chair Yoga 2:00 Gary Wortman Singer/Guitarist	14 
15 4:00 - Afternoon Movie Andy Williams Moon River and Me	16 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg 1:00 to 3:00 VNA Foot Clinic	17 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	18 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge 2:00 Chop with The Chef	19 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 1:45 Memoirs Group	20 10:00 Bone Builders 10:00 Chair Yoga 1:00 Yard Sale Set Up	21 The Gables YARD SALE 8:00 to 2:00
22 4:00 - Afternoon Movie RV	23 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg	24 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	25 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge 4:00 Footnotes with Alan Walker	26 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 1:00 Reading Group	27 10:00 Bone Builders 10:00 Chair Yoga 1:00 Discussion with Lynn Tucker	28
29 4:00 - Afternoon Movie The Blind Side	30 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg	31 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge		Luncheon at Toziers 11:00 a.m. Thursday, August 12 th	Singer/Guitarist Gary Wortman 2:00 p.m. Friday, August 13 th	v