

The Gables Messenger

A Publication of The Gables at East Mountain

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As Optimism Returns, Activities are Picking Up

The past year has seen a lot of changes as the state of emergency in Vermont has ended and many of the restrictions put into place during the pandemic have been lifted.

Our residents are able to come together in more ways, including card games; crafts and activities; resident committee meetings; a drum circle hosted by Rob Zollman; and live performances by Coocie DeFrancesco, The Killington Music festival, residents and even staff.

Coming soon: Our executive chef, Keith Paquin, will be hosting a series of events to promote our residents' awareness of where our ingredients are sourced. It will include food prep demonstrations and visiting one of the local farms that provides much of our seasonal produce. We are also in the planning stages of installing raised garden beds to provide fresh picked herbs for the kitchen. 🏡



A Special Senior Performance

By request, Julia Greenfield's cancelled senior performance was held in The Commons, with resident Betty Clark accompanying her on piano.

New Residents

John Swanson

Background: John was born and raised in Springfield Vermont. He earned his B.S. and M.A. from the University of Vermont. He taught social studies in junior high and high school, as well as coaching track and field and cross country running. As an officer in the Springfield Art and Historical Society, he founded their high school internship program. John enjoys walking, reading, researching family history and is a history buff, particularly interested in the American Civil War. His mother, Mary Swanson, is a resident of The Gables as well.



Danute 'Dana' Hurley

Background: Dana was born in Germany and moved to Worcester, MA at 5 years old. She attended Salter's Secretarial School after attending Classical High School in Worcester. She worked as a receptionist at Memorial Hospital before becoming a stay at home mom, raising two children with her husband, Charlie. Dana and Charlie were married for 45 years. She later worked in the food industry. She enjoys adult coloring, card making and word puzzles.



Norman and Thelma Fontaine

Background: Norman was born and raised in Quebec and attended college in Sherbrook before serving in the 82nd Airborne as a paratrooper and working in the trucking industry. Thelma grew up in Burlington and attended Cathedral High school. She worked as an accountant for various private companies. They met at a boxing match in which Norm was competing against Telly's then boyfriend; Norm won the match and his girl 61 years ago!