

September

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge	2 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 1:00 BINGO	3 10:00 Bone Builders 10:00 Chair Yoga 1:00 Activities Committee Meeting	4
5 4:00 - Afternoon Movie Dolphin Tale	6 Labor Day 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg Rosh Hashanah begins at Sunset	7 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	8 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge 1:00 Residents' Committee Meeting	9 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 1:00 Memoirs Group	10 10:00 Bone Builders 10:00 Chair Yoga 1:00 Reminisc	11 
12 4:00 - Afternoon Movie Dennis the Menace	13 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg 1:00 VNA Foot Clinic	14 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	15 11:00 Bone Builders 12:00 Luncheon at the Mountain Top The bus will leave The Gables at 11:30 Yom Kippur begins at Sunset	16 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 1:00 Reading Group	17 10:00 Bone Builders 10:00 Chair Yoga 1:00 TRIVIA	18
19 4:00 - Afternoon Movie China Expedition	20 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg	21 First day of Autumn 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	22 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge 4:00 Footnotes with Alan Walker	23 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 2:00 Entertainment by Cooie DeFrancesco	24 10:00 Bone Builders 10:00 Chair Yoga 1:00 Apple Pie Social	25 
26 4:00 - Afternoon Movie NATURAL	27 8:00 to 12:00 Manicures by Darlene 10:00 Bone Builders 1:00 Mah Jongg	28 10:00 Blood Pressures 10:00 Sit and Fit 1:00 Crafts with Darlene 1:00 Bridge	29 11:00 Bone Builders 1:00 Contract Rummy 1:00 Bridge	30 9:00 Gables Beauty Shop Open by appointment 10:00 Chair Tai Chi 1:00 Discussion with Lynn Tucker		