

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

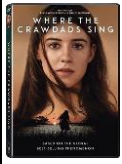


October 2022

Get your Costumes Ready for the Contest 10/31/22!



2:30pm Matinee Movie – **1**
Where the Crawdads Sing (C)



2:30pm Matinee Movie – **2**
Florence Foster Jenkins (C)



9am - Chronicle Delivery **3**
10am - Independent Exercise Group (C)
2pm Speaker- Jane Beck: Telling People's Stories (C)

9am - Chronicle Delivery **4**
10am-10:30 - Blood Pressures (A)
10:30am - Sit and Fit (C)
1pm - Fall Toilet Paper Pumpkin Decorations (A)
1pm - Bridge Group (LR)
2:30pm - Tuesday Trivia (C)
Yom Kippur Begins

9am - Chronicle Delivery **5**
10am - Independent Exercise Group (C)
1pm - Bridge Group (LR)
1pm - Contract Rummy (LR)
2pm-4pm – Farmer's Market with the Meadows in the Parking Lot


9am - Chronicle Delivery **6**
Salon open today 9am-3pm
10am - Chair Tai Chi (C)
1:30pm-3:30pm - Manicures (S)

9am - Chronicle Delivery **7**
10am - Independent Exercise Group (C)
11am - Chair Yoga (C)
11am - Killington Gondola Ride Trip

2:30pm Matinee Movie – **8**
(C)
Perfect Bid: The Contestant Who Knew Too Much



2:30pm Matinee Movie – **9**
Uncharted (C)



Sukkot Begins

9am - Chronicle Delivery **10**
10am - Independent Exercise Group (C)
1pm - Indigenous People's Day True or False & Columbus Day Trivia (C)
2pm - Yahtzee (C)
Columbus Day (US)
Indigenous Peoples' Day
Thanksgiving Day (Canada)


9am - Chronicle Delivery **11**
10am-10:30 - Blood Pressures (A)
10:30am - Sit and Fit (C)
1pm - Terra Cotta Pot Frankenstein (A)
1pm - Bridge Group (LR)
2:30pm - Tuesday Trivia (C)

9am - Chronicle Delivery **12**
10am - Independent Exercise Group (C)
1pm - Bridge Group (LR)
1pm - Contract Rummy Group (LR)


9am - Chronicle Delivery **13**
Salon open today 9am-3pm
10am - Chair Tai Chi (C)
1:30pm-3:30pm - Manicures (S)

9am - Chronicle Delivery **14**
10am - Independent Exercise Group (C)
11am - Chair Yoga (C)
2:30 - Monthly Birthday Party (C)

Matinee Movie – **15**
Hello my Name is Doris (C)



2:30pm Matinee Movie – **16**
Misha and the Wolves (C)



9am - Chronicle Delivery **17**
12pm Flu Shot Clinic (C)
1pm - Lynn Tucker (LR)
1pm-3pm - Foot Clinic (S)
Simchat Torah Begins

9am - Chronicle Delivery **18**
10am-10:30 - Blood Pressures (A)
10:30am - Sit and Fit (C)
1pm - Mummy Luminary Craft (A)
1pm - Bridge Group (LR)
2:30pm - Tuesday Trivia (C)

9am - Chronicle Delivery **19**
10am - Independent Exercise Group (C)
1pm - Bridge Group (LR)
1pm - Contract Rummy Group (LR)
1pm - Resident Committee (C)
2:30pm - Parkinson's Group (C)


9am - Chronicle Delivery **20**
Salon open today 9am-3pm
10am - Chair Tai Chi (C)
1pm – Cupcakes for Stacy's Birthday (LR)
2:30pm-4:30pm - Manicures (S)

9am - Chronicle Delivery **21**
10am - Independent Exercise Group (C)
11am - Chair Yoga (C)
1pm - Pink Bingo (C)
2:30pm Pink Mocktails (LR)
Wear Pink for Breast Cancer Awareness Day

2:30pm Matinee Movie – **22**
Casablanca (C)



2:30pm Matinee Movie – **23**
The Forgotten Battle (C)



9am - Chronicle Delivery **24**
10am - Independent Exercise Group (C)
11:30am - Trip to the Mountain Top Inn for Lunch
3:30pm - Alan Walker Piano Performance (C)
Diwali (Hindi)

9am - Chronicle Delivery **25**
10am - Blood Pressures (A)
10:30am - Sit and Fit (C)
1pm - Bridge Group (LR)
1pm - Terra Cotta Pot Candy Corn Craft (A)
2:30pm - Tuesday Trivia (C)

9am - Chronicle Delivery **26**
10am - Independent Exercise Group (C)
1pm - Bridge Group (LR)
1pm - Contract Rummy Group (LR)
3pm- Dr. Eisman Screenings (LR)


9am - Chronicle Delivery **27**
Salon open today 9am-3pm
10am - Chair Tai Chi (C)
1:30pm-3:30pm - Manicures (S)
1:30 - Book Club Group (LI)
3:30pm - Tootsie Pop Spiders and Ghosts -The Perfect Treat for Grandkids! (A)

9am - Chronicle Delivery **28**
10am - Independent Exercise Group (C)
11am - Chair Yoga (C)
1:30pm - Pumpkin Carving and Decorating (A)

2:30pm Matinee Movie – **29**
Practical Magic (C)



2:30pm Matinee Movie – **30**
Hocus Pocus (C)



9am - Chronicle Delivery **31**
10am - Independent Exercise Group (C)
2pm - Halloween Party, Candy Bar and Costume Contest (C)
Halloween

Location Codes: (C) - Commons, (LR) – Living Room, (LI) – Library, (S) – Salon, (A) – Activities

All Activities are subject to change.

