


| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|---|---|---|---|--|--|--|
| <div> <h1>March 2024</h1> <p>"In like a lion, out like a lamb."</p> </div>  |   |   |   |  | <div> <div>1</div> <div>9a- Yoga (C)<br/>10a- Independent Exercise (C)<br/>1p- Triva (Dr. Suess Edition) (A)<br/>3p- Documentary "Dr. Suess A&amp;E Biography" (C)</div> </div>    | <div> <div>2</div> <div>1p- New Movie "Queen Bees" (2021) (C)</div> </div>   |
| <div> <div>3</div> <div>1p- Classic Movie "I.Q" (1994) (C)</div> </div>   | <div> <div>4</div> <div>9a- Sit and Fit (C)<br/>10a- Independent Exercise (C)<br/>1p- Mad Libs (A)<br/>2:30p- Neurographic Art with Mary Fran (A)</div> </div>  | <div> <div>Town Meeting Day</div> <div>5</div> <div>9:30a- Teatime (LR)<br/>10a- Blood Pressure (LR)<br/>10:15a- Functional Fitness (C)<br/>1p- Crafting (Rainbow Button Craft) (A)<br/>3p- AARP Virtual Class (Discover History's Greatest Hoaxes Part 1) (C)</div> </div> | <div> <div>6</div> <div>9a- Ted Talks (Women's History Month) (A)<br/>10a- Independent Exercise (C)<br/>11:30a- Lunch Trip to Café Provence, Brandon Shopping and visit to New England Maple Museum (Boarding at 11a)<br/>1p- Contract Rummy (LR)</div> </div>                | <div> <div>Salon Open 9a-1:30p</div> <div>7</div> <div>9a- This or That (A)<br/>10a- Functional Fitness (C)<br/>1p- Shopping Trip<br/>1p- Gametime (Shut the Box) (A)<br/>3p- Music with Phil Hoyt (C)</div> </div>  | <div> <div>8</div> <div>9a- Yoga (C)<br/>10a- Independent Exercise (C)<br/>1p- BINGO (C)<br/>3p- Happy Birthday Barbie! Documentary- "The Barbie Story" (C)</div> </div>           | <div> <div>9</div> <div>1p- NEW Movie "Dolittle" (2020) (C)</div> </div>   |
| <div> <div>Spring Forward!</div> <div>10</div> <div>  <p>1p- Classic Movie "Mr. Holland's Opus" (1995) (C)</p> <p>Ramadan Begins<br/>Daylight Saving Time Begins</p> </div> </div> | <div> <div>11</div> <div>9a- Sit and Fit (C)<br/>10a- Independent Exercise (C)<br/>1p- Words in a Word (A)<br/>3p- Travel Club (Ireland) (A)</div> </div>   | <div> <div>12</div> <div>9:30a- Teatime (LR)<br/>10a- Blood Pressure (LR)<br/>10:15a- Functional Fitness (C)<br/>1p- Crafting (Spring Wreath) (A)<br/>3p- AARP Virtual Class (Discover History's Greatest Hoaxes Part 2) (C)<br/>3:30p- Caring Canines (LR)</div> </div>    | <div> <div>13</div> <div>9a- History of St. Patrick's Day (A)<br/>10a- Independent Exercise (C)<br/>1p- Contract Rummy (LR)<br/>1p- Who, What, Where? (C)<br/>2p- Aging Matters: Living with Alzheimer's and Dementia (C)</div> </div>  | <div> <div>Salon Open 9a-1:30p</div> <div>14</div> <div>10a- Functional Fitness (C)<br/>1p- Shopping Trip<br/>1p- WRITEaway Group (LI)<br/>1p- Pi Day (Make an Oreo Pie) (A)<br/>2p- The Rutland Area Ukulele Hummin' Strummin' Sing-Along Band (C)<br/>3:30- Manicures (S)</div> </div> | <div> <div>15</div> <div>9a- Yoga (C)<br/>10a- Independent Exercise (C)<br/>1p- Wii Bowling League (C)<br/>2:30p- Shamrock Shake Social (A)</div> </div>                           | <div> <div>16</div> <div>10a- Resident Committee Conversation (C)<br/>1p- NEW Movie "Life of Pi" (2012) (C)</div> </div> |
| <div> <div>17</div> <div>1p- Classic Movie "Brooklyn" (2015) (C)</div> <div>Happy St. Patrick's Day!</div> <div>St. Patrick's Day</div> </div>  | <div> <div>18</div> <div>9a- Sit and Fit (C)<br/>10a- Independent Exercise (C)<br/>1p- VNA Foot Clinic (S)<br/>2:30p- Neurographic Art with Mary Fran (A)</div> </div>  | <div> <div>19</div> <div>9:30a- Teatime (LR)<br/>10a- Blood Pressure (LR)<br/>10:15a- Functional Fitness (C)<br/>1p- Crafting (Spring Flower Wood Craft) (A)<br/>3p- Garden Planning Meeting (A)</div> <div>Spring Begins</div> </div>                                      | <div> <div>20</div> <div>9a- History of the White House Easter Egg Roll (A)<br/>10a- Independent Exercise (C)<br/>1p- Contract Rummy (LR)<br/>1p- Resident Committee Meeting (LI)<br/>1p- Gametime (Yahtzee)<br/>4:15p- Ravioli Day Theme Dinner/ Mocktails (DR)</div> </div> | <div> <div>Salon Open 9a-1:30p</div> <div>21</div> <div>9a- Morning Brain Games (A)<br/>10a- Functional Fitness (C)<br/>1p- Shopping Trip<br/>1p- Gametime (Apples to Apples) (A)<br/>3p- Book Club (LI)<br/>3p- Word Unscramble (A)</div> </div>  | <div> <div>22</div> <div>9a- Yoga (C)<br/>10a- Independent Exercise (C)<br/>1p- BINGO (C)<br/>3p- Star of the Month (Rex Harrison) (A)</div> </div>                                | <div> <div>23</div> <div>1p- NEW Movie "Journey to Bethlehem" (2023) (C)</div> <div>Purim Begins</div> </div>            |
| <div> <div>24</div> <div>1p- Classic Movie "Fried Green Tomatoes" (1991) (C)</div> <div>Palm Sunday</div> </div>  | <div> <div>25</div> <div>9a- Sit and Fit (C)<br/>10a- Independent Exercise (C)<br/>1p- Gametime (Hedbanz) (A)<br/>3p- Activity Committee Meeting (For committee members) (A)</div> </div>   | <div> <div>26</div> <div>9:30a- Teatime (LR)<br/>10a- Blood Pressure (LR)<br/>10:15a- Functional Fitness (C)<br/>1p- Craft (Pipe Cleaner Tulips) (A)<br/>3p- Documentary "Hummingbirds" (C)</div> </div>  | <div> <div>27</div> <div>8a- Men's Breakfast (DR)<br/>9a- The Story of Purim (A)<br/>10a- Independent Exercise (C)<br/>1p- Contract Rummy (LR)<br/>1p- Paper Easter Lilys (A)<br/>3p- Giant Crossword (A)</div> </div>  | <div> <div>Salon Open 9a-1:30p</div> <div>28</div> <div>9a- Evolution of the Easter Bunny (A)<br/>10a- Functional Fitness (C)<br/>1p- Shopping Trip<br/>12p- Lunch Trip to Roots (Boarding at 11:45a)<br/>3:15p- Spring Manicures (S)</div> </div>                                       | <div> <div>29</div> <div>9a-Yoga (C)<br/>10a- Independent Exercise (C)<br/>1p- Easter Egg Dyeing Social (A)<br/>3:30p- Documentary (Rick Steve's European Easter) (A)</div> </div> | <div> <div>30</div> <div>1p- NEW Movie "The Hill" (2023) (C)</div> </div>  |
| <div> <div>Happy Easter!</div> <div>31</div> <div>1p- Classic Movie "Easter Parade" (1948) (C)</div> <div>Easter Sunday</div> </div>  | <div> <div>Locations:</div> <div>(C)- Commons, (A)- Activities, (LR)- Living Room, (LI)- Library, (DR)- Dining Room, (S)- Salon</div> <div>We aim to make activities run smoothly, please be punctual for your fellow residents.</div> <div>Thank you!</div> </div> |   |   |  |  |  |