

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October</h1> <p>"Happy Fall Y'all!"</p> <h1>2024</h1>		<p>1 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Mini Pumpkin Patch (A)) <b>2p- Grief Support Group (C)</b></p>	<p>2 9:30a- Therapeutic Art (A) 10a- Independent Exercise (C) 1p- Contract Rummy (LR) <b>1p- Farmer's Market (Parking lot- weather permitting)</b></p> <p>Rosh Hashanah Begins</p>	<p>3 <b>Salon Open 9a-1p</b> 9:30a- Word Search (A) 10a- Functional Fitness (C) 1p- Shopping Trip 1p- Walking Club (P) 2p- B-I-N-G-O (C)</p>	<p>4 <b>10a- Lunch @ Rosie's/ Douglas Orchard for Apple/ Pumpkin Picking (Bus boarding at 10a)</b> 10a- Independent Exercise (C) 3p- Apples to Apples (A)</p>	<p>5 1p- Movie, "Still Alice" (2014) (A) 4p- Resident Social (DR)</p>
<p>6 1p- Movie, "Reagan" (2011) (A)</p>	<p>7 9:30a- 10a- Independent Exercise (C) 1p- Short Circuits (C) <b>3:30p- Live Music with Bob Recupero (C)</b></p>	<p>8 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Fall Diamond Art) (A) 3p- Apple Sampler (A)</p>	<p>9 <b>9a- Flu Clinic (Sign-up needed) (LI)</b> 10a- Independent Exercise (C) 1p- Contract Rummy (LR) 1p- 2p- Caring Canines (LR)</p>	<p>10 <b>Salon Open 9a-1p</b> 10a- Functional Fitness (C) 1p- Shopping Trip 1p- Walking Club (P) <b>2p- Ginny Daring 100<sup>th</sup> Birthday Celebration (C)</b></p>	<p>11 10a- Independent Exercise (C) <b>10a- Scenic Gongola Ride/ Lunch @ The Lookout Tavern (Bus boarding at 9:30a)</b> 10a- Independent Exercise (C) 3p- October Trivia (A)</p> <p>Yom Kippur Begins</p>	<p>12 10a- Resident Committee Conversation (C) 1p- Movie, "The Dressmaker" (2015) (A) 4p- Resident Social</p>
<p>13 1p- Movie, "Hope Floats" (1998) (A)</p>	<p>14 9:30a- 10a- Independent Exercise (C) 1p- Short Circuits (C) 2p- Art Workshop with Mary Fran (A)</p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>15 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Pumpkin Wall Hanging) (A)</p>	<p>16 9:30a- Therapeutic Art (A) 10a- Independent Exercise (C) 1p- Resident Council (L) 1p- Contract Rummy (LR) 3p- Who, What am I? (A)</p> <p>Sukkot Begins</p>	<p>17 <b>Salon Open 9a-1p</b> 10a- Functional Fitness (C) 1p- Shopping Trip 1p- Walking Club <b>2:30p- Grace Church Congregational Service (C)</b></p>	<p>18 10a- Independent Exercise (C) <b>12p- Lunch @ Toziers (Bus boarding at 10:45)</b> <b>3p- Pink Mocktails for "Wear it Pink Day" (LR)</b></p>	<p>19 1p- Movie, "Cocoon the Return" (1988) (A) 4p- Resident Social</p>
<p>20 1p- "South Pacific" (1958) (A)</p>	<p>21 9:30a- Cranium Crunches (A) 10a- Independent Exercise (C) 1p- Short Circuits (C) 2p- Travel Club- Borneo (A)</p>	<p>22 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft 2:30p- Let's Make Harvest Trail Mix (A) <b>4p- Harvest Dinner (DR)</b></p>	<p>23 9:30a- 10a- Independent Exercise (C) 1p- Contract Rummy (LR) 1p- Remembering Halloween Costumes (A)</p>	<p>24 <b>Salon Open 9a-1p</b> 10a- Functional Fitness (C) 1p- Shopping Trip 1p- Walking Club 2p- B-I-N-G-O (C)</p> <p>Simchat Torah Begins</p>	<p>25 9:30a- 10a- Independent Exercise (C) <b>3p- Lake Champlain Dinner Train (Bus boarding at 12:30p)</b></p>	<p>26 1p- Movie, "Cat Ballou" (1965) (A) 4p- Resident Social</p>
<p>27 1p- Movie, "Beetlejuice" (1988) (A)</p>	<p>28 9:30a- Guess the Halloween Candy (A) 10a- Independent Exercise (C) 1p- Short Circuits (C) 2p- Art Workshop with Mary Fran (A)</p>	<p>29 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Witches Hat) (A) <b>4p- Trunk or Treat (Parking Lot)</b></p>	<p>30 9:30a- Scary Muddy Buddies (A) 10a- Independent Exercise (C) 1p- Contract Rummy (LR) 2p- Let's Make Halloween Oreo Balls (A)</p>	<p>31 <b>Salon Open 9a-1p</b> 10a- Functional Fitness (C) 1p- Shopping Trip 1p- Walking Club (P) 2p- Halloween Costume Party (C)</p> <p>Halloween</p>	Type extra information here.	