

November 2024

"Find inspiration in the falling leaves and the crisp November air."

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="font-size: 2em; font-weight: bold;">3</div> <p>1p- Movie, "Unfrosted" (2024) (A)</p>  <p style="font-size: 0.8em;">Daylight Saving Time Ends</p>	<div style="font-size: 2em; font-weight: bold;">4</div> <p>"Walk to NYC" Starts!</p> <p>9:30a- Scattergories (A) 10a- Independent Exercise (C) 1p- Short Circuits (C) 2p- Art Workshop with Mary Fran (A)</p>	<div style="font-size: 2em; font-weight: bold;">5</div> <p>9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Fall Fabric Flower Art) (A) 2:30p- Grief Support Group (C)</p>	<div style="font-size: 2em; font-weight: bold;">6</div> <p>9:30a- Therapeutic Art (A) 10a- Independent Exercise (C) 1p- Contract Rummy (LR) 1p- Chair Dance Fitness (C) 2p- November Trivia (A)</p>	<div style="font-size: 2em; font-weight: bold;">7</div> <p>Salon Open 9a-1p</p> <p>9:30a- Word Puzzles (A) 10a- Functional Fitness (C) 1p- Shopping Trip 1p- Walking Club (A) 2p- "Dress a Girl" Info Session (C)</p>	<div style="font-size: 2em; font-weight: bold;">8</div> <p>10a- Independent Exercise (C) 11a- Lunch at Sushi Yoshi (Bus boarding at 11a) 3:30p- Apples to Apples (A)</p> <p style="font-size: 0.8em; text-align: center;">Diwali (Hindu)</p>	<div style="font-size: 2em; font-weight: bold;">2</div> <p>1p- Movie, "The Hammer" (2023) (A) 4p- Resident Social (LR)</p>
<div style="font-size: 2em; font-weight: bold;">10</div> <p>1p- Movie, "Jack" (1996) (A)</p>	<div style="font-size: 2em; font-weight: bold;">11</div> <p>9:30a- Shut the Box (A) 10a- Independent Exercise (C) 1p- Short Circuits (C) 2:30p- Veterans' Day Social (LR)</p>  <p style="font-size: 0.8em; text-align: center;">Veterans Day Remembrance Day (Canada)</p>	<div style="font-size: 2em; font-weight: bold;">12</div> <p>9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (November Door Hanger) (A) 3p- Who, What, Where? (A)</p>	<div style="font-size: 2em; font-weight: bold;">13</div> <p>9:30a- TED Talks (A) 10a- Independent Exercise (C) 1p- Contract Rummy (LR) 1p- Chair Dance Fitness (C) 2p- Caring Canines (LR) 2p- Manicures (S)</p>	<div style="font-size: 2em; font-weight: bold;">14</div> <p>Salon Open 9a-1p</p> <p>9:30a- Table Talk (A) 10a- Functional Fitness (C) 1p- Shopping Trip 1p- Walking Club (A) 2:30- B-I-N-G-O (C)</p>	<div style="font-size: 2em; font-weight: bold;">15</div> <p>9:30a- Words in a Word (A) 10a- Independent Exercise (C) 11:30a- Lunch at Mountain Top (Bus boarding at 11a) 3p- Brain Games (A)</p>	<div style="font-size: 2em; font-weight: bold;">16</div> <p>10a- Resident Committee Conversation (C) 1p- Movie, "Dolly Parton's Coat of Many Colors" (A) 4p- Resident Social (LR)</p>
<div style="font-size: 2em; font-weight: bold;">17</div> <p>1p- Movie, "Ghosted" (2023) (A)</p>	<div style="font-size: 2em; font-weight: bold;">18</div> <p>9:30a- UNO (A) 10a- Independent Exercise (C) 1p- Short Circuits (C) 1p- VNA Foot Clinic (S) 2p- Art Workshop with Mary Fran (A)</p>	<div style="font-size: 2em; font-weight: bold;">19</div> <p>9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Turkey Centerpiece) (A) 3p- Majority Rules (A)</p>	<div style="font-size: 2em; font-weight: bold;">20</div> <p>9:30a- Therapeutic Art (A) 10a- Independent Exercise (C) 1p- Contract Rummy (LR) 1p- Chair Dance Fitness (C) 1p- Resident Council (LI) 2p- Scrabble (A)</p>	<div style="font-size: 2em; font-weight: bold;">21</div> <p>Salon Open 9a-1p</p> <p>9:30a- Word Search (A) 10a- Functional Fitness (C) 11a- Lunch at the Dollhouse (Bus boarding at 11a) 1p- Shopping Trip 2:30p- Music with Bob B. (C) 3p- Book Club (LI)</p>	<div style="font-size: 2em; font-weight: bold;">22</div> <p>9:30a- Crossword Puzzles (A) 10a- Independent Exercise (C) 1p- Walking Club (Meet in Activity Room) 2p- "Fashion and the First Lady" Presentation with Ren (C)</p>	<div style="font-size: 2em; font-weight: bold;">23</div> <p>Craft Fair 9a-2p</p> <p>4p- Resident Social (LR)</p>
<div style="font-size: 2em; font-weight: bold;">24</div> <p>1p- Movie, "Davy Crockett: King of the Wild Frontier" (1955) (A)</p>	<div style="font-size: 2em; font-weight: bold;">25</div> <p>9:30am- Gametime (Things) (A) 10a- Independent Exercise (C) 1p- Short Circuits (C) 2p- Fresh Flower Arranging (A) 3p- Travel Club (Germany) (A)</p>	<div style="font-size: 2em; font-weight: bold;">26</div> <p>9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Holiday Magnets) (A) 3p- Activity Committee Meeting (A)</p>	<div style="font-size: 2em; font-weight: bold;">27</div> <p>8a- Men's Breakfast (DR) 9:30a- This or That? (Thanksgiving) (A) 10a- Independent Exercise (C) 1p- Contract Rummy (LR) 1p- Manicures (S) 2p- B-I-N-G-O (C)</p>	<div style="font-size: 2em; font-weight: bold;">28</div> <p>Happy Thanksgiving!</p>  <p style="font-size: 0.8em; text-align: center;">Thanksgiving Day</p>	<div style="font-size: 2em; font-weight: bold;">29</div> <p>"Walk to NYC" Ends!</p> <p>9:30a- Sudoku (A) 10a- Independent Exercise (C) 11:30a- Lunch at 99 (Bus boarding at 11a) 2p- Movie, "Christmas on the Square" (2020) (C)</p>	<div style="font-size: 2em; font-weight: bold;">30</div> <p>1p- Movie, "Button: A Christmas Tale" (2018) (A) 4p- Resident Social (LR)</p>