

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# March 2025

*May your blessings outnumber the shamrocks that grow and may trouble avoid you wherever you go.*

						<p>1p- Movie (Lost on a Mountain in Maine- 2024) (C)</p> <p>4p- Resident Social (LR)</p>
<p>1p- Movie (Northern Borders- 2013) (C)</p>	<p>9:30a- Star of the Month- Anthony Quinn (A)</p> <p>10a- Independent Exercise (C)</p> <p>1p- Seated Yoga (C)</p> <p><b>3p- Music with Mark Harding (C)</b></p>	<p>9:30a- Fat Tuesday Fill-in (A)</p> <p>10a- Blood Pressure Check</p> <p>10:15a- Functional Fitness (C)</p> <p>1p- Crafts (Fleur- de- Lis) (A)</p> <p><b>2:30p- Grief Support Group (C)</b></p> <p><b>4:30- Mardi Gras Themed Dinner (DR)</b></p> <p><small>Mardi Gras</small></p>	<p>9:30a- TED Talks (A)</p> <p>10a- Independent Exercise (C)</p> <p>12:30p- Contract Rummy (LR)</p> <p>1p- Functional Fitness (C)</p> <p><b>2p- Documentary (Prohibition- A Film by Ken Burns and Lynn Novick, Part 1 of 3) (C)</b></p>	<p>9:30a- Norway Trip Montage (A)</p> <p>10a- Functional Fitness (C)</p> <p><b>11:15a- Lunch Trip to the Dollhouse (Bus boarding at 11a)</b></p> <p>1p- Shopping Trip</p> <p>3p- Who, What, Where? (A)</p>	<p><b>9:30a- Trip to Vermont Flower Show- "A Story of Gardening" (Bus leaving at 8:15a)</b></p> <p><b>10a- Independent Exercise (C)</b></p> <p>1p- Documentary (The Gardener- 2018) (C)</p>	<p>1p- Movie (The Flintstones- 1994) (C)</p> <p>4p- Resident Social (LR)</p>
<p>1p- Movie (Rip in Time- 2022) (C)</p>  <p><small>Daylight Saving Time Begins</small></p>	<p>9:30a- Scattergories (A)</p> <p>10a- Independent Exercise (C)</p> <p>1p- Seated Yoga (C)</p> <p><b>2p- Art Workshop with Mary Fran (A)</b></p>	<p>9:30a- Wellness Tuesday (LR)</p> <p>10a- Blood Pressure Check (LR)</p> <p><b>10a- 2p- "Dress a Girl" Sewing Bee (C)</b></p> <p><b>3p- Shamrock Shakes Social (A)</b></p>	<p>9:30a- Giant Crossword (A)</p> <p>10a- Independent Exercise (C)</p> <p>12:30p- Contract Rummy (LR)</p> <p>1p- Functional Fitness (C)</p> <p>2p- March Trivia (A)</p> <p>3p- Nails &amp; Manicures (S)</p>	<p>9:30a- Dabble (A)</p> <p>10a- Functional Fitness (C)</p> <p>1p- Shopping Trip</p> <p><b>2:30p- Lucky B-I-N-G-O (C)</b></p> <p><b>5p- Dinner Bunch- McGraths Irish Pub (Bus leaving at 4:40p)</b></p> <p><small>Purim Begins</small></p>	<p>9:30a- Truth or Blarney (A)</p> <p>10a- Independent Exercise (C)</p> <p>1p- UNO (A)</p> <p><b>3p- St. Patrick's Day Team Trivia Game (LR)</b></p>	<p>10a- Resident Council Conversation (C)</p> <p>1p- Movie (Irish Wish- 2024) (C)</p> <p>4p- Resident Social (LR)</p>
<p>1p- Movie (Rebound-2025) (C)</p>	<p>9:30a- History of St. Patrick's Day (A)</p> <p>10a- Independent Exercise (C)</p> <p>1p- Seated Yoga (C)</p> <p><b>1p- VNA Foot Clinic (S)</b></p> <p><b>4p- St. Patrick's Day Happy Hour (LR)</b></p> <p><b>4:30- St Patrick's Day Themed Dinner</b></p> <p><small>St. Patrick's Day</small></p>	<p>9:30a- Wellness Tuesday (LR)</p> <p>10a- Blood Pressure Check (LR)</p> <p>10:15a- Functional Fitness (C)</p> <p>1p- Crafts (Spring House Decor) (A)</p> <p>3p- Gametime- Priorities (A)</p>	<p>9:30a- Make Your Own Eyeglass Case (A)</p> <p>10a- Independent Exercise (C)</p> <p>12:30p- Contract Rummy (LR)</p> <p><b>1p- Resident Council Meeting</b></p> <p><b>2p- Floral Arranging (A)</b></p> <p>3p- Indoor Walking Workout (C)</p>	<p>9:30am- Mind Match (A)</p> <p>10a- Functional Fitness (C)</p> <p>1p- Shopping Trip</p> <p>1p- Scrabble (A)</p> <p><b>3p- "Here Comes the Sun" Social (LR)</b></p> <p><small>Spring Begins</small></p>	<p>9:30a- World Poetry Day- Read and Create your Own (A)</p> <p>10a- Independent Exercise (C)</p> <p><b>12p- Lunch at Birdseye Diner (Bus boarding 11:30a)</b></p> <p>3p- Sugar on Snow (A)</p>	<p>1p- Movie (The Tuskegee Airmen- 1995) (C)</p> <p>4p- Resident Social (LR)</p>
<p>1p- Movie (Big Fish- 2003) (C)</p>	<p>9:30a- Suspend (A)</p> <p>10a- Independent Exercise (C)</p> <p>1p- Seated Yoga (C)</p> <p><b>2p- VNA Nutrition Session- Healthy Snacks with a Few Simple Ingredients (C)</b></p>	<p>9:30a- Wellness Tuesday (LR)</p> <p>10a- Blood Pressure Check (LR)</p> <p>10:15a- Functional Fitness (C)</p> <p>1p- Crafts (Spring/ Easter Wreaths) (A)</p> <p>2p- Book Club (LI)</p>	<p><b>8a- Men's Breakfast (DR)</b></p> <p>9:30a- Sorry (A)</p> <p>10a- Independent Exercise (C)</p> <p>12:30p- Contract Rummy (LR)</p> <p>1p- WriteAway Group (LI)</p> <p>1p- Laugh, You're Out (A)</p> <p><b>2p- Trip to Stonehedge Indoor Golf (Bus leaving at 1:45p)</b></p>	<p>9:30- Lyric Recall (A)</p> <p>10a- Functional Fitness (C)</p> <p>1p- Shopping Trip</p> <p><b>1p- B-I-N-G-O (C)</b></p> <p><b>3p- Travel Club (Ireland) (A)</b></p>	<p>9:30a- Family Feud (A)</p> <p>10a- Independent Exercise (C)</p> <p><b>2p- Documentary (Prohibition- A Film by Ken Burns and Lynn Novick, Part 2 of 3) (C)</b></p>	<p>1p- Movie (Back in Action- 2025) (C)</p> <p>4p- Resident Social (LR)</p>
<p>1p- Movie (Angels in the Outfield- 1994) (C)</p>	<p>9:30a- Gametime (Quirkle) (A)</p> <p>10a- Independent Exercise (C)</p> <p>1p- Seated Yoga (C)</p> <p>3p- Activity Committee Meeting (A)</p>	<p><i>"Blossom by blossom the spring begins"</i></p> <p>Locations: <b>A</b>- Activity Room, <b>C</b>- Commons, <b>DR</b>- Dining Room, <b>S</b>- Salon, <b>LR</b>- Living Room, <b>LI</b>- Library</p>				