

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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				9:30a- Rapid Rumble (A) 1 10a- Functional Fitness (C) 11:30a- Rutland Town School Jazz Band (P) 1p- <i>Shopping Trip</i> 1p- Rack-O (A) 3p- Who, What, Where? (A) May Day	9:30a- List It! (A) 2 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Trip to Garlands Farm & Garden (Bus boarding at 1pm) 3p- Crafts (Kentucky Derby Hats) (A)	1p- Movie (50 to 1-2014) (C) 3 4p- Kentucky Derby Social & Dinner (LR/DR)
1p-Movie (Selena- 1997) (C) 4	9:30a- Star of the Month Vincent Price (A) 5 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Seated Yoga (C) 4p- Cinco Celebration Social (LR) 4:30p- Cinco De Mayo Dinner (D)	9:30a- Wellness Tuesday (Mental Health Awareness Month) (LR) 6 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Kite Door Décor) (A) 3p- Giant Crossword Puzzle (A) 6:30p- "Bird Encounters" with Roy Pilcher (C)	9:30a- Life in Transition: Raising Butterflies (A) 7 10a- Independent Exercise (C) 10:30a- Gardening Group (O) 12:30p- Contract Rummy (LR) 1p- Functional Fitness (C) 3p- Invention Game (A)	9:30a- Suspend (A) 8 10a- Functional Fitness (C) 11a- Lunch Trip Dollhouse (Bus Boarding at 11a) 1p- <i>Shopping Trip</i> 2p Documentary (VE Day- Forever in Their Debt-2020) (C)	9:30a- Mother's Day History and Traditions (A) 9 10a- Independent Exercise (C) 10:30a- Floral Arranging- Celebrating Mothers! (A) 2p- Mother's Day High Tea (C)	9a- Trip to the Rutland Farmers' Market 10 1pm- Trip The Paramount-Mary Poppins (Bus Boarding 12:15p) 1p- Movie (Mary Poppins-1964) (C) 4p- Resident Social (LR)
1p- Movie (Mother's Day on Walton's Mountain-1982) (C) 11 <div> Happy Mother's Day! Mother's Day National Skilled Nursing Care Week </div>	9:30a- UNO Card Game (A) 12 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Seated Yoga (C) 2p- VNA Nutrition Session- Healthy Snacks with a Few Simple Ingredients (C)	9:30a- Wellness Tuesday (Women's Health Month) (LR) 13 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Butterfly Diamond Art) (A) 3p- Corn Hole & Fruit Salad (P)	9:30a- Therapeutic Art (A) 14 10a- Independent Exercise (C) 10:30a- Gardening Group (O) 12:30p- Contract Rummy (LR) 1p- Functional Fitness (C) 2p- Caring Canines (P) 2:30p- Flower Trivia (A) 3p- Nails & Manicures (S) 4r	9a- Lake George Shopping Trip (Bus boarding at 9a) 15 1p- <i>Shopping Trip</i> 2p- Documentary (Mark Twain- A Film by Ken Burns) (C)	9:30a- (Battle of Wits: Military Branches Edition- 2006) (A) 16 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Guided Painting- "Lovely Lilacs" (A) 3p Travel Club: The Great Lakes (A)	10a- Resident Council Conversation (C) 17 1p- Movie (Branching Out - 2024) (C) 4p- Residents Social (LR) Armed Forces Day
1p- Movie (Smokey and the Bandit- 1977) (C) 18	9:30a- Queen Victoria Word Mining (A) 19 10a- Independent Exercise (C) 10:30a- Walking Group 1p- Seated Yoga (C) 2p- Art Workshop with Mary Fran (A) Victoria Day (Canada)	9:30a- Wellness Tuesday (Physical Fitness Month) (LR) 20 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness 1p- Crafts (Hanging Floral Décor) (A) 3p- Yahtzee (A)	9:30a- TED Talks (A) 21 10a- Independent Exercise (C) 10:30a- Gardening Group (O) 12:30p- Contract Rummy (LR) 1p- Resident Council (C) 3p- Rummikub (A)	9:30a- The Price Is Right (A) 22 10a- Functional Fitness 1p- <i>Shopping Trip</i> 1p- Scattergories (A) 2:30p- B-I-N-G-O (C) 4:30p- Dinner Bunch- Sweet Caroline's (Bus Boarding at 4:15p)	9:30a- Word Teasers – Riddles (A) 23 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Trip to Wood's Market (Bus Boarding at 1p) 1p- Documentary (Dancing with the Birds-2019) (C)	1p- Movie (When Calls the Heart- 2013) (C) 24 4p- Residents Social (LR)
1p- Movie (Smokey and the Bandit II- 1980) (C) 25	9:30a- Name That Tune (Patriotic Songs) 26 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Mystery Tonic (A) 2p- Book Club (LI) 2p- Movie (Come Fly with Me- 2023) (C) Memorial Day	9:30a- Wellness Tuesday (Older Americans Month) (LR) 27 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Honeybees) (A) 2:30p-Blueberry Cheesecake Parfaits Social (P)	8a- Men's Breakfast (DR) 28 10a- Independent Exercise (C) 10:30a- Gardening Group (O) 12:30a- Contract Rummy (LR) 1p- WRITEAway Group (LI) 1p- Functional Fitness (C) 3p- Activity Committee Meeting (A)	9:30a- Name Five (A) 29 10a- Functional Fitness (C) 12p- Lunch Trip to Toziers (Bus Boarding at 11:15a) 1p- <i>Shopping Trip</i> 2p- Documentary: Mark Twain a film by Ken Burns (C)	9:30a- TED Talk (A) 30 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Bananagrams (A) 3p- Therapeutic Art (A)	1p- Enchanted April (1991) (C) 31 4p- Residents Social (LR)