

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: A- Activity Room C- Commons LR- Living Room P- Front Porch O- Outside (Side Door) LI- Library	1 9:30a- RACK-O (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Sure & Steady (C) 2p- Fresh Flower Arranging (A) Labor Day	2 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Apple Harvest Carts) (A) 2:30p- Grief Support Group (C)	3 9:30a- Breakfast Scone Social (LR) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 12:30p- Contract Rummy (LR) 1p- Sure & Steady (C) 3p- September Jeopardy (A)	4 9:30a- Guess the Team Logo (A) 10a- Functional Fitness (C) 1p- <i>Shopping Trip (See Front Desk)</i> 1p- Giant Boggle (A) 4:30p- NFL Kickoff Pizza Party (DR)	5 9:30a- Brain Boosters (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Let's Make Tortilla Apple Dumplings (A) 2:30p- B-I-N-G-O (C)	6 1p- Horseshoes (O) 4p- Resident Social (LR)
7 1p- Bridge Group (LR) Grandparents Day	Pajama Day 8 9:30a- Famous First Words (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Sure & Steady (C) 2p- Art with Mary Fran (A)	Roaring 20s Day 9 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- "The Roaring 20's", a Live Presentation by Karen Antonowicz (C) 3:30p- Prohibition Happy Hour (P)	Spirit Day 10 9:30a- Scattergories (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 12:30p- Contract Rummy (LR) 1p- Sure & Steady (C) 2p- Caring Canines (P)	Golf Day 11 9:30a- Six Card Golf (A) 10a- Functional Fitness (C) 1p- <i>Shopping Trip (See Front Desk)</i> 1-3p Mini Golf & Ice Cream Truck	Country Western 12 Day 9:30a- TED Talks (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Horseshoes (O) 3p- Guess That Country Song (A)	13 10a- Resident Committee Conversation (C) 1p- Croquet (O) 4p- Resident Social (LR)
14 1p- Bridge Group (LR)	15 9:30a- Before or After 1950? (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Sure & Steady (C) 3:30- Paint & Sip (Black-Eyed Susans) (A)	16 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Flowerpot Apple Jars) (A) 3p- Who, What, Where? (A)	17 9:30a- Caring by Card (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 12:30p- Contract Rummy (LR) 1p- Resident Council (C) 1p- Rummikub (A) 3p- Travel Club (Poland) (A)	18 9:30a- September Cranium Crunches (A) 10a- Functional Fitness (C) 1p- <i>Shopping Trip (See Front Desk)</i> 1p- "River Memories" Live Presentation by Alan Berolzheimer (C) 3:30p- Conversation Dice (A)	19 9:30a- Scrabble Slam (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 12p- Trips to Hicks Orchard (Boarding at 12p)	20 1p- Horseshoes (O) 4p- Resident Social (LR) Oktoberfest Begins
21 1p- Bridge Group (LR)	22 9:30a- Morning Make & Take (A) 10a- Independent Exercise (C) 10:30a- Trip the Killington Gondola & Lunch @ Sushi Yoshi (Boarding at 10:30a) 2:30p- Documentary (Evolution Earth, Part 1 (C)) Rosh Hashanah Begins Autumn Begins	23 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Wooden Sunflower Decor) (A) 2p- Book Club (LI) 3:30p- Marble Valley Transportation Presentation (C)	24 8a- Men's Breakfast (DR) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 12:30p- Contract Rummy (LR) 1p- Sure & Steady (C) 1p- WRITEAway Group (LI) 3p- Caramel Apple Social (A)	25 9:30a- Therapeutic Art (A) 10a- Functional Fitness (C) 1p- <i>Shopping Trip (See Front Desk)</i> 1p- Let's Make Apple Granola (A) 2:30p- B-I-N-G-O (C)	26 9:30a- Morning Stretch & Flow (LR) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 12p- Lunch @ Mountain Top (bus boarding at 11:40a) 2p- Music & Mocktails with Bob B. (C)	27 1p- Croquet (O) 4p- Resident Social (LR)
28 1p- Bridge Group (LR)	29 9:30a- UNO (A) 10a- Independent Exercise (C) 10:30a- Walking Group (P) 1p- Sure & Steady (C) 3p- Music with Mark Harding (C)	30 9:30a- Wellness Tuesday (LR) 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Crafts (Pumpkin Spice Wall Accent) (A) 3:30p- Activity Committee Meeting (All are welcome) (A)	<div> <h1>September 2025</h1> <p>"Hello, September — a month of golden light and fresh beginnings."</p> </div>			