

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2025 "November comes and November goes, with the last red berries and the first white snows." - Clyde Watson						
12p- Bridge Group (LR)  Daylight Saving Time Ends	2 10a- Morning Make and Take (Wooden Turkeys) (A) 10a- Independent Exercise (C) 1p- Sure & Steady (C) 3p- B-I-N-G-O (C)	3 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Wood Maple Leaf) (A) 2:30p Grief Support Group (C) 3p- Rummikub (A)	4 9a- Yogurt Parfait Social (LR) 10a- Independent Exercise (C) 12:30p- Contract Rummy (LR) 1p- Lifeline Q&A (C) 2p- Art with Mary Fran (A)	5 10a- Functional Fitness (C) 1p- Shopping Trip (See Front Desk) 1p- Fun Puns (A) 2p- Knitting/Crochet Group (A) 3p- Piece by Piece: Afternoon Puzzle Hour (A)	6 10a- "Tapple" Game (A) 10a- Independent Exercise (C) 1p- Craft (Holiday Ribbon Garland) (A) 2:30p- Banana Pudding Social (LR)	7 1p- Croquet (O) 1p- Movie, "The Return of the Native" (1h 38m) (C) 4p- Resident Social (LR)
12p- Bridge Group (LR)	9 10a- Diamond Art Mandala Bookmarks (A) 10a- Independent Exercise (C) 1p- Sure & Steady (C) 2:20p- Documentary, "Paperclips" (1h 22m) (C)	10 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft ("Thankful" Beads) (A) 2p- Veteran's Appreciation Social (LR) Veterans Day Remembrance Day (Canada)	11 10a- Brain Boosters (A) 10a- Independent Exercise (C) 12:30p- Contract Rummy (LR) 1p- Sure & Steady (C) 2p- Trip to Wallingford Community Thrift Store (Bus boarding @ 2p) 2p- Caring Canines (LR)	12 10a- Functional Fitness (C) 1p- Shopping Trip (See Front Desk) 1p- Wii Bowling League (C) 2p- Knitting/ Crochet Group (A) 3p- Make and Take "Pumpkin Seed Balls" (A)	13 10a- UNO (A) 10a- Independent Exercise (C) 1p- Finish the Lyric (A) 2p- Fresh Flower Arranging (A) 3p- November Jeopardy (A)	14 10a- Resident Committee Conversation (C) 1p- Croquet (O) 2p- "Happy Music" a Musical Featuring Keyboard and Vocals (C) 4p- Resident Social (LR)
12p- Bridge Group (LR)	16 10a- Ted Talks & Discussion (Gratitude) (A) 10a- Independent Exercise (C) 1p- Sure & Steady (C) 3p- B-I-N-G-O (C)	17 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Leaf Votive) (A) 3p- Who, What, Where? (A)	18 8a- Men's Breakfast (DR) 10a- Independent Exercise (C) 12:30p- Contract Rummy (LR) 1p- Resident Council (C) 2:30p- Documentary, "The American Revolution: Part 1 of 6" (2h) (C)	19 10a- Functional Fitness (C) 1p- Craft (Ceramic Turkeys) (A) 1p- Shopping Trip (See Front Desk) 2p- Knitting/ Crochet Group (A) 3p- Bananagrams (A)	20 10a- Scattergories (A) 10a- Independent Exercise (C) 11a- Lunch at The Dollhouse (Bus boarding @ 10:45a) 1p- Documentary, "Aging in America- Survive or Thrive" (1h) (A)	22 9a-2p- Craft Fair 1p- Horseshoes (O) 4p- Resident Social (LR)
12p- Bridge Group (LR)	23 10a- November Cranium Crunches (A) 10a- Independent Exercise (C) 1p- Sure & Steady (C) 3p- Turkey Time Trivia Social (A)	24 10a- Blood Pressure Check (LR) 10:15a- Functional Fitness (C) 1p- Craft (Holiday Wreath) (A) 2p- Book Club (LI) 3p- Activity Committee Meeting (All are welcome) (A)	25 10a- "Upwords" Game (A) 10a- Independent Exercise (C) 12:30p- Contract Rummy (LR) 1p- Sure & Steady (C) 1p- WRITEaway Group (LI) 2p- Travel Club (Mediterranean Cruise) (A)	27 Happy Thanksgiving! Thanksgiving Day (U.S.)	28 10a- Therapeutic Art (A) 10a- Independent Exercise (C) 11:15a- Lunch at Sweet Caroline's (Bus Boarding @ 10:45a) 1p- Documentary, "The American Revolution: Part 2 of 6" (2h) (C)	29 1p- Croquet (O) 1p- Movie, "A Christmas Story" (1h 34m) (C) 4p- Resident Social (LR)
12p- Bridge Group (LR)	The Health & Wellness Team would like to wish everyone a Happy Thanksgiving! Locations: A- Activity Room, C- Commons, LI- Library, LR- Living Room, P- Front Porch, O- Outside (Side Door)					